

# **GETTING READY FOR ATHLETICS AT CALEDONIA HIGH SCHOOL**

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## **ITEMS NEEDED BEFORE FIRST PRACTICE (AND/OR) TRYOUTS**

**PHYSICAL:** A Current Physical is one dated after 4/15/17. It should be on MHSAA physical card that is filled out and signed by the Doctor, Athlete and Parent/guardian. (Physical cards are available in the MS and HS Main Offices and Athletic Offices or can be printed from the HS Athletic Website at <http://www.calschools.org/cal-hs/athleticnew/>)

**ATHLETIC CODE:** The Caledonia High School Athletic Code can be found at the High School Athletic Website at <http://www.calschools.org/cal-hs/athleticnew/> Page 17 of the Athletic Code needs to be printed and signed by the athlete and parent. This is the Training Code and Communication Procedures and Photograph and Video Forms page. (If you are not able to print this page, you can pick up a copy at the HS Main Office or HS Athletic Office.)

**CONCUSSION AWARENESS:** The Concussion Awareness Information link and Concussion Signature Form can be found at the High School Athletic Website at <http://www.calschools.org/cal-hs/athleticnew/> Print the form and both athlete and parent must sign. (This page is also included in the Athletic Code Handbook, page 16. If you are not able to print this page, you can pick up a copy at the HS Main Office or HS Athlete Office.)

**PARTICIPATION FEE:** The Participation Fee must be paid before tryouts begin-but will be refunded if an Athlete is not selected for a team. Participation fees are \$125.00 per sport per season. The fee for the 2<sup>nd</sup> athlete from the same family during the same season is \$100. The Yearly HS Family Limit is \$450. **Participation Fees are subject to change.**

**PINK CARD-** (given to your Coach) When the above items (Physical, Athletic Code, and Concussion Awareness forms and Participation Fee) are turned into the HS Athletic Office, your Coach will receive a Pink Card signed by an Athletic Representative. This card verifies to your coach that all of the above requirements have been met and you are eligible to practice or tryout. **Athletes cannot participate without their Coach having this card.**

## **CHS ATHLETIC CALENDAR and INFORMATION**

**PHYSICAL NIGHT:** May 31, 2017 from 6-8 p.m. in High School Fieldhouse and Locker Rooms. Cost is \$20.

**MHSAA DEAD PERIOD:** July 2-9, 2017. No contact between CHS Coaches & Athletes.

**SUMMER HOURS FOR HS ATHLETIC OFFICE:** The Athletic Office is closed during the month of July. Any items you would like to turn in such as physicals, Athletic codes and fees can also be turned into the HS main office during summer office hours. The Athletic Office will reopen on August 1<sup>st</sup>.

**CHS ATHLETIC WEBSITE:** There are many items you can find at the CHS Athletic website. Game schedules, maps, practice schedules, Booster information and much more check it out!! Make sure you sign up for the "**CHS Fighting Scot Updates**". This is how we communicate last minute changes and updates to parents. You can join by emailing Mary Durkee at [durkeem@calschools.org](mailto:durkeem@calschools.org) and request to be added to the list.

**HOLIDAY BREAKS and INTERIM:** PLEASE NOTE THAT TEAMS **DO** HAVE PRACTICE AND COMPETITIONS DURING BREAKS. ALSO: END OF SEASON CHAMPIONSHIP GAMES MAY CONFLICT WITH TRAVEL INTERIMS. It is an expectation that student athletes attend practices and competitions during these times. (Talk to your Coach with specific questions.)

Thanksgiving break: November 22-24, 2017

Holiday break: December 25 – January 5, 2018

Spring break: March 30 - April 8, 2018

Interim week: June 4-7, 2018

Please let us know if you have any questions.  
Athletic Office: 616-891-0211

<b>Fall Sports</b>	<b>Head Coach</b>	<b>Email Contact</b>	<b>First Practice or Tryout</b>
Cross Country-Boys	Ben Thompson	thompsonb@calschools.org	August 9, 2017
Cross Country-Girls	Ben Howell	howellb@calschools.org	August 9, 2017
Football	Tom Burrill	burrillt@calschools.org	August 7, 2017
Golf-Girls	Gus Wagner	wagnerg@calschools.org	August 9, 2017
Sideline Cheer	Stacy Smith	stacyreenesmith@netzero.net	August 9, 2017
Soccer-Boys	Christian Niles	coachniles@yahoo.com	August 9, 2017
Swim/Dive-Girls Coop	Stephanie Huyser	huysers@calschools.org	August 9, 2017
Tennis-Boys	Scott Bont	bonts@calschools.org	August 9, 2017
Volleyball	Missy Ritz-Johnson	mjrutz@charter.net	August 9, 2017
<b>Winter Sports</b>	<b>Head Coach</b>	<b>Email Contact</b>	<b>First Practice or Tryout</b>
Basketball-Boys	Phil Visser	visserp@calschools.org	November 13, 2017
Basketball-Girls	Mike Glass	mglass@fhps.net	November 6, 2017
Bowling (Boys & Girls)	Eric Bottrall	waterboybowl@yahoo.com	November 13, 2017
Competitive Cheer	Stacy Smith	stacyreenesmith@netzero.net	November 6, 2017
Dance	Sarah Wrubel	wrubels@calschools.org	November 6, 2017
Ice Hockey-Coop	Todd O'Gorman	falconsdirector@gmail.com	October 30, 2017
Ski (Boys & Girls)	Duane Petrosky	petroskyd@calschools.org	November 13, 2017
Swim/Dive Boys Coop	Andrew Vanderlei	andrewvanderlei@gmail.com	November 20, 2017
Wrestling	Roger Singleton	coachrsingleton@gmail.com	November 13, 2017
<b>Spring Sports</b>	<b>Head Coach</b>	<b>Email Contact</b>	<b>First Practice or Tryout</b>
Baseball	Pat Gillies	gilliesp@calschools.org	March 12, 2018
Golf-Boys	Gus Wagner	wagnerg@calschools.org	March 12, 2018
Lacrosse-Boys	Alex Christiaans	alexearlchris@gmail.com	March 12, 2018
Lacrosse-Girls	Ryan Crete	creter@calschools.org	March 12, 2018
Soccer-Girls	Steve Sanxter	ladycalsoccer@iserv.net	March 12, 2018
Softball	Tom Kaechele	coachk1259@gmail.com	March 12, 2018
Tennis-Girls	Mike Wilson	wilsonm@calschools.org	March 12, 2018
Track & Field-Boys	Kevin Remenap	remenapk@calschools.org	March 12, 2018
Track & Field-Girls	Joe Zomerlei	coachjz51@gmail.com	March 12, 2018

### **MASCOT**

Fighting Scots

### **SCHOOL COLORS**

Purple and Gold

### **OK RED Conference**

Caledonia, East Kentwood, Grand Haven, Grandville, Hudsonville, Rockford, West Ottawa

### **FIGHT SONG**

On Caledonia! On Caledonia!  
We'll fight for your fame.  
We'll cooperate and win for you,  
Your glorious name.

On Caledonia! On Caledonia!  
Here's to the Purple and Gold.  
We're boasting for you,  
'Donie High tonight!!

