



Dear Parents of athletes,

To better enhance communication to parents, we are starting the process of using new injury software that is web and application based. If you are a parent of a fall athlete, you should have already received an email from HealthyRoster. If you have not already done so please sign up. If you are a parent of a winter or spring athlete, you will get an email once we have those rosters and we can get those athletes into the system. Attached is a flyer for HealthyRoster.

Also, here is a short video that shows parents the process of accepting their invite through entering an injury on behalf of their child.

https://www.youtube.com/watch?v=0_XB1sFDRBs

Thanks,

Brett Knoop



CONNECTING PARENTS & COACHES TO CERTIFIED ATHLETIC TRAINERS

Healthy Roster is a **FREE** mobile app/website program connecting **Caledonia High School** parents and coaches with their school's Certified Athletic Trainer. When your child is injured playing sports, help is one tap away!

Healthy Roster Mobile App Includes:

- Access to a certified athletic trainer via chat, voice, or video
- Injury tracking and updates
- Guardian & parent accounts
- One account for multiple children
- HIPAA Compliant – Safe & Secure!



To get started using Healthy Roster, follow the instructions in the email. All parents of athletes from Caledonia High School should receive one. If you did not, please ask your Athletic Trainer to be invited.

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