

Why Buy School Meals?

- Nutritious** **Cost Effective** **Time-Saver** **EASY**

Picture a warm chicken sandwich with lettuce & tomato on a whole wheat hoagie roll, crisp, raw vegetables or tossed salad, chilled orange slices with fruit juice or cold, low fat milk.



This whole meal is ONLY \$2.25 for elementary or \$2.50 for secondary schools.

Where do you go to get this delicious, nutritious meal? Right around the corner at your local school cafeteria!

Not only do we serve lunch, but also a hot, delicious breakfast. All school meals meet federal nutrition standards and receive high marks from students on quality, taste and presentation.

School meals save money compared to preparing breakfast at home, or packing a **COLD** brown bag lunch. School meals are **HOT**, nutritious and priced just right!

Brown Bag	\$.05
Juice Box	\$.20
Chips	\$.35
Whole Wheat Bread-2 slices	\$.30
American Cheese slice	\$.35
Deli Turkey	\$.65
Baby Carrots	\$.30
Lettuce & Tomato	\$.30
Pudding Cup	\$.50
<u>Time to Prepare</u>	<u>Priceless!</u>
	\$3.00

Let us make your life a little easier by preparing and serving your students' breakfast and lunch. It's affordable, nutritious, tastes GREAT and OH SO EASY!

Please try our breakfast and lunch program-we are always open to ideas and suggestions, so let us know what you think.

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