



September 15, 2022

Dear Caledonia Parents and Students,

This year, Caledonia Community Schools is excited to offer a Student Assistance Program (SAP) partnership with Pine Rest. Through this program, all students and all their household members can access mental health support for 3 sessions (per individual) free of charge as well as legal and financial consultation services. Pine Rest currently provides this service to over 50 schools. We know that scheduling mental healthcare can be a challenge and as a part of the SAP program, Pine Rest will expedite care to meet the needs of our students and families.

We believe that the understanding and care your students receive now will make a lifetime of difference. Through our SAP, you'll be connected to one of the largest continuums of mental health services for children and adolescents.

Your SAP Benefits Include:

- 3 sessions of free, confidential* counseling per episode of care
- Psychiatric Urgent Care Center services for ages 18+
- 24/7 hotline for crisis calls
- Free 30-minute legal consultation
- Free 30-minute financial consultation
- Free elder care consultation
- Personal Advantage online library access
- All benefits are available to students and members of their household

**The school is NOT notified when SAP services are accessed and the school receives no identifying information.*

Please know that the mental health and well-being of our students, our staff, and the community, are important to us. If your student needs support with anything while in school, please don't hesitate to reach out to your building administrator or student support personnel. We are thankful for such a wonderful partnership with Pine Rest that provides valuable resources to the families of Caledonia students.

Sincerely,

CCS Administration
[INFORMATIONAL BROCHURE](#)