



NOVEMBER 7, 2025

## PARIS RIDGE ELEMENTARY

Paris Ridge Families,

It's been another great week here at Paris Ridge! We're kicking off November by focusing on our character trait of Gratitude, which ties perfectly into our Capturing Kids' Hearts philosophy. Students have been sharing what they're grateful for and exploring ways to show gratitude throughout our school. We've also been revisiting our social contracts (the agreements we make about how we treat one another), in different spaces around the building.

In the cafeteria, students have been working toward weekly goals that promote positive behavior. These goals change each week and might include showing respect by using appropriate voice levels so everyone can hear one another or showing kindness by keeping tables clean so our custodian, Mr. Tony, has less extra work. We also spent time this week reinforcing bus safety, as our team met with students and drivers on the bus to review expectations during morning and afternoon routes.

As the weather continues to change, please take a moment to review our weather guidelines, which outline when we'll be indoors or outdoors for recess. The best way to help is by making sure students come prepared with layers, hats, and gloves so they stay comfortable throughout the day.

Wishing everyone an amazing weekend filled with gratitude!

Lance Jones  
Principal

# Kids, It's getting cold outside. . .

## Recess Temperature Guidelines

All temps will include the windchill.

0° and below

Indoor Recess

1° - 39°

Winter Gear\*  
(Winter Coats, Hats,  
Gloves and Boots)

40° - 50°

Winter Coats

51° - 60°

Coat or  
Sweatshirt

61° and Above

Best  
Judgement

\*Snow Pants recommended

Students who are not wearing boots will NOT be allowed to play in the snow.



# From The PTO

## **Box Tops for Education App**

If you have not yet downloaded the app, remember to use the referral code DSFK1ZVD...using this code instantly earns our school \$5!

## **Wednesday Snacks for Staff!**

We love to be able to show our staff appreciation and one way to do that is by showering them with fun treats and drinks on Wednesday during the school year! If your family would like to sign up to provide a treat/drink, you can sign up here:

[Wednesday Snack Sign Up](#)

## **Staff Favorite Things List!**

The [Staff Favorites Things List](#) is now available! Check back here to show appreciation to your child's teacher or a special staff member!

## **PTO Email List and Classroom Directories**

If you haven't already done so, please complete the [PTO Google Form](#) for the 2025-2026 email list (yes, it's a new list each year!). This year, you can also opt in to receive a classroom directory (only families who opt in will be listed)!

## **Join Paris Ridge Families on Facebook!**

Please join [our community facebook group](#) for discussion about school events and activities, questions with answers, and photo sharing, as well as PTO updates!

It's Popcorn Friday!

Today, all Paris Ridge students and staff received a free bag of popcorn, gifted from the PTO! Thank you to our "popcorn moms" who help us out with this monthly treat for the students!

# New And Exciting Things Are Happening In Our Cafeteria:



## Mood Boost Calendar 2025

### Introduction Week

|                  |                      |            |                           |
|------------------|----------------------|------------|---------------------------|
| <b>Monday</b>    | frozen pineapple     | 10/6-10/10 | salad bar                 |
| <b>Tuesday</b>   | guacamole            |            | salad bar (frozen bagged) |
| <b>Wednesday</b> | ranch yogurt dip     |            | salad bar (recipe)        |
| <b>Thursday</b>  | roasted carrot fries |            | hot/with meal (recipe)    |
| <b>Friday</b>    | cranberries & pears  |            | salad bar (recipe)        |

### Alert

|                  |                         |             |                        |
|------------------|-------------------------|-------------|------------------------|
| <b>Monday</b>    | baby carrots            | 10/13-10/17 | salad bar              |
| <b>Tuesday</b>   | apples                  |             | salad bar              |
| <b>Wednesday</b> | roasted carrot fries    |             | hot/with meal (recipe) |
| <b>Thursday</b>  | warm baked apple slices |             | hot/with meal (recipe) |
| <b>Friday</b>    | glazed carrots          |             | hot/with meal (recipe) |

### Happy

|                  |                                 |           |                    |
|------------------|---------------------------------|-----------|--------------------|
| <b>Monday</b>    | cinnamon yogurt dip             | 11/3-11/7 | salad bar (recipe) |
| <b>Tuesday</b>   | fresh blueberries               |           | salad bar          |
| <b>Wednesday</b> | ranch yogurt dip                |           | salad bar (recipe) |
| <b>Thursday</b>  | frozen blueberries with peaches |           | salad bar          |
| <b>Friday</b>    | yogurt & blueberries            |           | salad bar          |

### Calm

|                  |                                 |             |                        |
|------------------|---------------------------------|-------------|------------------------|
| <b>Monday</b>    | fresh strawberries              | 10/20-10/24 | salad bar              |
| <b>Tuesday</b>   | fresh spinach & romaine         |             | salad bar              |
| <b>Wednesday</b> | cinnamon roasted sweet potatoes |             | hot/with meal (recipe) |
| <b>Thursday</b>  | spinach and strawberry salad    |             | salad bar              |
| <b>Friday</b>    | sweet potato fries              |             | hot/with meal (recipe) |

### Smart

|                  |                  |             |               |
|------------------|------------------|-------------|---------------|
| <b>Monday</b>    | scrambled eggs   | 11/10-11/14 | hot/with meal |
| <b>Tuesday</b>   | refried beans    |             | hot/with meal |
| <b>Wednesday</b> | frozen pineapple |             | salad bar     |
| <b>Thursday</b>  | baked beans      |             | hot/with meal |
| <b>Friday</b>    | hard boiled eggs |             | salad bar     |

### Confident

|                  |                                  |             |                           |
|------------------|----------------------------------|-------------|---------------------------|
| <b>Monday</b>    | fresh zucchini sticks            | 10/27-10/29 | salad bar                 |
| <b>Tuesday</b>   | guacamole                        |             | salad bar (frozen bagged) |
| <b>Wednesday</b> | roasted yellow squash & zucchini |             | hot/with meal (recipe)    |
| <b>Thursday</b>  | 1/2 day                          |             |                           |
| <b>Friday</b>    | no school                        |             |                           |

### Strong

|                  |                           |             |                        |
|------------------|---------------------------|-------------|------------------------|
| <b>Monday</b>    | dried cranberries         | 11/17-11/21 | salad bar              |
| <b>Tuesday</b>   | sweet potato & beet fries |             | hot/with meal (recipe) |
| <b>Wednesday</b> | roasted beet fries        |             | hot/with meal (recipe) |
| <b>Thursday</b>  | cranberries & pears       |             | salad bar (recipe)     |
| <b>Friday</b>    | cranberry muffin square   |             | hot/with meal (recipe) |



### MONDAY

3

- Main Entrees
- Bacon Scramble Breakfast Pizza
- Alternate Entrees
- Oatmeal Chocolate Chip BeneFIT Bar
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

### TUESDAY

4

- Main Entrees
- Egg & Cheese Bagel Sandwich
- Alternate Entrees
- WG Chocolate Chocolate Chip Muffin
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

### WEDNESDAY

5

- Main Entrees
- Buttermilk Pancakes
  - Syrup
- Alternate Entrees
- Cocoa Puffs Cereal Bar
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

### THURSDAY

6

- Main Entrees
- Scrambled Eggs
  - Turkey Bacon
- Alternate Entrees
- Apple Frudel
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

### FRIDAY

7

- Main Entrees
- Baked Cinnamon Roll
- Alternate Entrees
- Cinnamon Ultimate Breakfast Round
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

10

- Main Entrees
- Bagel
  - Cinnamon Cream Cheese spread
- Alternate Entrees
- Oatmeal Chocolate Chip BeneFIT Bar
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

11

- Main Entrees
- Turkey Ham & Cheese Croissant
- Alternate Entrees
- WG Chocolate Chocolate Chip Muffin
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

12

- Main Entrees
- Whole Grain French Bites
- Alternate Entrees
- Cinnamon Toast Crunch Cereal Bar
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

13

- Main Entrees
- Scrambled Eggs
  - Pork Sausage Patty
- Alternate Entrees
- Apple Frudel
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

14

- Main Entrees
- Whole Grain French Toast Sticks
  - Syrup
- Alternate Entrees
- Cinnamon Ultimate Breakfast Round
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

17

- Main Entrees
- Bacon Scramble Breakfast Pizza
- Alternate Entrees
- Oatmeal Chocolate Chip BeneFIT Bar
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

18

- Main Entrees
- Egg & Cheese Bagel Sandwich
- Alternate Entrees
- WG Chocolate Chocolate Chip Muffin
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

19

- Main Entrees
- Buttermilk Pancakes
  - Syrup
- Alternate Entrees
- Cocoa Puffs Cereal Bar
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

20

- Main Entrees
- Scrambled Eggs
  - Turkey Bacon
- Alternate Entrees
- Apple Frudel
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

21

- Main Entrees
- Baked Cinnamon Roll
- Alternate Entrees
- Cinnamon Ultimate Breakfast Round
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

24

- Main Entrees
- Bagel
  - Cinnamon Cream Cheese spread
- Alternate Entrees
- Oatmeal Chocolate Chip BeneFIT Bar
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

25

- Main Entrees
- Turkey Ham & Cheese Croissant
- Alternate Entrees
- WG Chocolate Chocolate Chip Muffin
- On the Go
- Blueberry Chex Bowlpack
  - Honey Cheerios Cereal Bowl
  - Cinnamon Chex Bowlpack
  - Cocoa Puffs
  - Cinnamon Toast Crunch
  - Reduced Sugar Trix
  - Reduced Sugar Lucky Charms

26



27



28



If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

#### MONDAY

3

- Main Entrees
- Whole Grain French Bites
  - Pork Sausage Patty
- Alternate Entrees
- Strawberry Parfait with Granola
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese
- Sides for All Meals
- Cinnamon Yogurt Dip

#### TUESDAY

4

- Main Entrees
- Cheese Quesadilla
  - Seasoned Corn
  - Sour Cream
  - Salsa
- Alternate Entrees
- Strawberry Parfait with Granola
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese

#### WEDNESDAY

5

- Main Entrees
- Jumbo Crispy Chicken Tenders
  - French Fries
- Alternate Entrees
- Strawberry Parfait with Granola
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese
- Sides for All Meals
- Greek Yogurt Ranch

#### THURSDAY

6

- Main Entrees
- Mashed Potato & Chicken Bowl
- Alternate Entrees
- Strawberry Parfait with Granola
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese

#### FRIDAY

7

- Main Entrees
- Classic Pepperoni Pizza
- Alternate Entrees
- Strawberry Parfait with Granola
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese
- Sides for All Meals
- Chocolate Chip Cookie

10

- Main Entrees
- Pumpkin Muffin
  - Scrambled Eggs
  - Pork Sausage Patty
- Alternate Entrees
- Little Italy Whole Grain Wrap
  - WG Peanut Butter & Grape Jelly Uncrustable
  - Whole Grain Cheez-It Crackers
  - Cheddar Cheese Cubes

11

- Main Entrees
- Beef Walking Tacos
  - Vegetarian Refried Beans
  - Sour Cream
  - Salsa
- Alternate Entrees
- Little Italy Whole Grain Wrap
  - WG Peanut Butter & Grape Jelly Uncrustable
  - Whole Grain Cheez-It Crackers
  - Cheddar Cheese Cubes

12

- Main Entrees
- Toasted Cheese Sandwich
  - Campbell's Tomato Soup
- Alternate Entrees
- Little Italy Whole Grain Wrap
  - WG Peanut Butter & Grape Jelly Uncrustable
  - Whole Grain Cheez-It Crackers
  - Cheddar Cheese Cubes

13

- Main Entrees
- Classic Cheeseburger in Bun
  - Baked Beans
  - Pickles
- Alternate Entrees
- Little Italy Whole Grain Wrap
  - WG Peanut Butter & Grape Jelly Uncrustable
  - Whole Grain Cheez-It Crackers
  - Cheddar Cheese Cubes

14

- Main Entrees
- Cheese Pizza Cruncher
  - Marinara Sauce
- Alternate Entrees
- Little Italy Whole Grain Wrap
  - WG Peanut Butter & Grape Jelly Uncrustable
  - Whole Grain Cheez-It Crackers
  - Cheddar Cheese Cubes
- Sides for All Meals
- Chocolate Chip Cookie

17

- Main Entrees
- Whole Grain Waffle
  - Pork Sausage Patty
  - Baked Apple Slices
- Alternate Entrees
- Flatbread
  - Marinara Sauce
  - Shredded Mozzarella Cheese
  - Pepperoni
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese

18

- Main Entrees
- Jumbo Crispy Chicken Tenders
  - Beet and Sweet Potato Fries
- Alternate Entrees
- Flatbread
  - Marinara Sauce
  - Shredded Mozzarella Cheese
  - Pepperoni
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese

19

- Main Entrees
- Macaroni and Cheese
  - Roasted Beet Fries
- Alternate Entrees
- Flatbread
  - Marinara Sauce
  - Shredded Mozzarella Cheese
  - Pepperoni
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese

20

- Main Entrees
- Roasted Turkey and Gravy
  - Mashed Potatoes
  - Seasoned Corn
  - Dinner Roll
- Alternate Entrees
- Flatbread
  - Marinara Sauce
  - Shredded Mozzarella Cheese
  - Pepperoni
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese
- Sides for All Meals
- Pumpkin Bar

21

- Main Entrees
- Cheese Stuffed Breadsticks
  - Marinara Sauce
- Alternate Entrees
- Flatbread
  - Marinara Sauce
  - Shredded Mozzarella Cheese
  - Pepperoni
  - WG Peanut Butter & Strawberry Jam Uncrustable
  - Cheddar Goldfish Crackers
  - Lite Mozzarella String Cheese
- Sides for All Meals
- Homemade Cranberry Muffins

24

- Main Entrees
- Buttermilk Pancakes
  - Pork Sausage Patty
  - Whipped Cream Topping
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch
  - WG Peanut Butter & Grape Jelly Uncrustable
  - Whole Grain Cheez-It Crackers
  - Cheddar Cheese Cubes

25

- Main Entrees
- Soft Beef Whole Grain Taco
  - Vegetarian Refried Beans
  - Sour Cream
  - Salsa
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch
  - WG Peanut Butter & Grape Jelly Uncrustable
  - Whole Grain Cheez-It Crackers
  - Cheddar Cheese Cubes

26



27



28



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Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

# Caledonia Community Schools FOOD SERVICE NEWSLETTER

# Cal



## NOVEMBER UPDATE



## UPCOMING EVENTS:

WINTER FORECAST

**WEATHER REPORT**

*Chili Days*  
WARM BELLIES

|           |          |           |
|-----------|----------|-----------|
| <br>CHILI | <br>DAYS | <br>AHEAD |
|-----------|----------|-----------|

The days are getting colder, but we're warming things up in the cafeteria! Our new Chili Days: Warm Bellies campaign is launching soon! Look out for hearty chili, bold spices, and comfort-food favorites that bring the heat and flavor this winter. Who's hungry?

Check out  
our pumpkin  
bar recipe!

**MOOD BOOST**

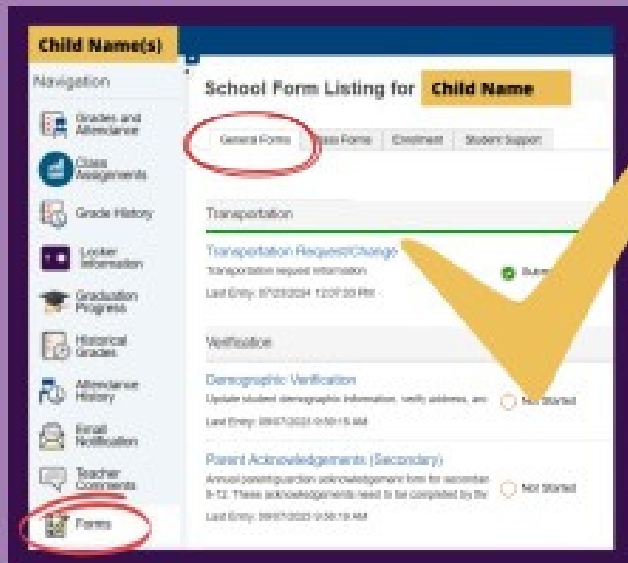
FEED YOUR MOOD.

Mood Boost continues this November! Elementary students will explore nutrient-rich fruits and vegetables and learn how food can impact their mood!

## CONTACT DETAILS:

- 616-891-0227
- foodservice@calschools.org
- <https://www.calschools.org/departments/food-service/>
- Lunch Menus

# PowerSchool Forms



**Be sure to complete your forms online today.**

As we begin the new school year, we ask all families to go into PowerSchool to update their forms. These include parent acknowledgements, student demographic information, photo releases, and more. Keeping this information current helps us serve your student and stay connected throughout the year.

**Buildings can help reset passwords if needed.**

**District Code: GHDL**  
**Deadline: September 30**

**Need Help?**  
[www.calschools.org/resources/powerschool-support/](http://www.calschools.org/resources/powerschool-support/)

## Chromebook Coverage

Caledonia Community Schools is offering the optional but highly recommended ChromeCare Plan for all district-issued Chromebooks for the 2025–26 school year. **The purchase window is open now through September 20.**

Families who do not opt in will be responsible for all repair or replacement costs. For payment directions, repair cost details, and information about the Student Chromebook Initiative, go to our [website](#) for more information.



ChromeCare Insurance for district provided devices is **\$20\***

\*Discounted pricing is available for families who qualify for free or reduced meals, as well as a family maximum rate for larger families.

**Questions?** Contact the Tech Office at [helpdesk@calschools.org](mailto:helpdesk@calschools.org)

[www.calschools.org/departments/technology/student-chromebook-initiative/](http://www.calschools.org/departments/technology/student-chromebook-initiative/)

# Apps to Keep You Connected

## MyRide App!

- Download the My Ride App
- Create an Account, Select CCS, and add your student(s)
- View bus stop locations, routes, and pickup times
- Receive real-time updates on bus arrivals

🔗 [www.calschools.org/resources/my-ride-support/](http://www.calschools.org/resources/my-ride-support/)



Download the  
APP today!

## CCS App!

- Access school news, calendars, and extracurricular updates
- Receive notifications from district or school(s) you follow
- Works on iPhone, iPad, Android, Chromebook, or web
- Subscribe for text/email updates if you don't have a smartphone

🔗 [www.calschools.org/resources/app-support/](http://www.calschools.org/resources/app-support/)



Download the  
APP today!

## Community Events & Flyers

Visit the [Community Events & Flyers page](#) to stay connected with happenings in Caledonia and view community flyers!

- **Community Flyers** are submitted by local non-profits and youth organizations, and are published by CCS after review
- **Submit a flyer** via the district's Google Form (allow at least 5 business days)
- **Subscribe to notifications** via the CCS app (follow "Community") or the website RSS feed

Our amazing community provides opportunities that extend beyond the classroom. Stay connected through our apps and website to ensure your family never misses an update.

