



# Caledonia Community Schools

## KINDERGARTEN READINESS GUIDE

You have played a vital role in preparing your child for a successful Kindergarten year. You may be wondering what else can be done so that your child is fully ready for Kindergarten. **With this in mind, please consider the following information as a way to continue to support your child for their Kindergarten experience and to support their endeavor to be a lifelong learner.**

## Successful Kindergarten Students...

### Demonstrate developmentally appropriate social skills:

- Respects self, others, and property
- Expresses feelings and emotions with words
- Takes turns/shares
- Attends to a task for short periods of time
- Accepts guidance
- Adapts to changes
- Shows confidence
- Is independent when necessary
- Cooperatively plays with peers

### Demonstrate developmentally appropriate self help skills:

- Takes care of all toileting needs, including hand washing
- Feeds self independently using utensils
- Zips and buttons clothes and jackets
- Ties shoes
- Blows nose independently
- Shows basic safety knowledge

### Demonstrate developmentally appropriate fine and gross motor skills:

- Uses writing tools
- Creates letters, shapes, symbols, and words with support
- Coordinates movements to perform activities (e.g., runs, hops, and changes directions)

### Ways to Support Reading at Home:

- Reading to your child every day
- Allowing them to see you read at home regularly
- Talking about your child's experiences and asking them to retell the experiences
- Practicing sounds to make words
- Using complex sentences
- Guiding them to write their name
- Helping your child notice the letters in his/her name
- Showing your child how to open a book and turn pages
- Practicing rhymes to create new words
- Encouraging your child to tell you the appropriate sequence of events

### Ways to Support Reading at Home:

- Sorting and classifying a variety of objects
- Exploring attributes like shape, size, and color
- Understanding numbers and what they represent up to 10
- Counting from 1 to 20
- Counting backward from 10 to 1
- Writing numbers from 1 to 10